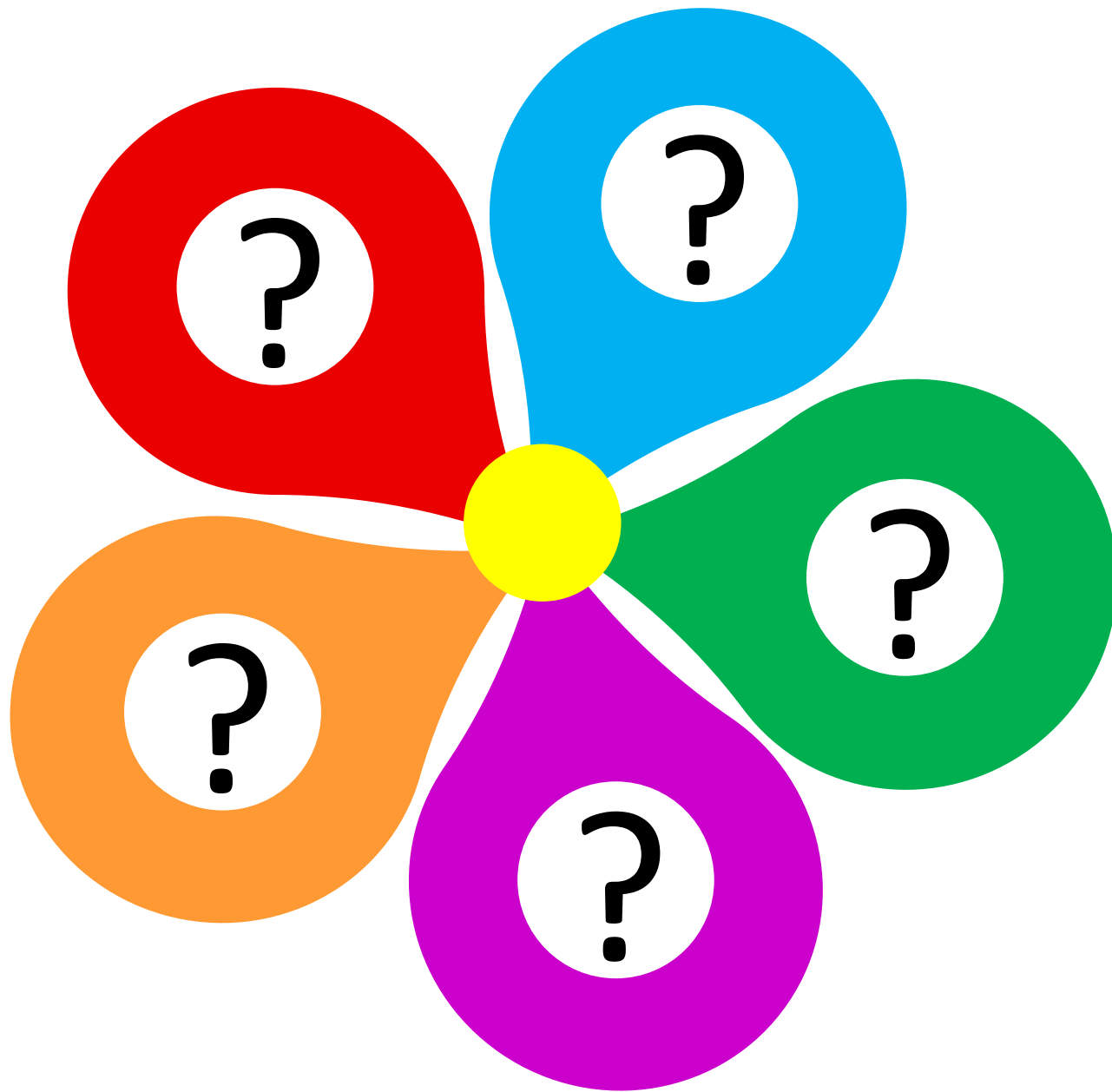
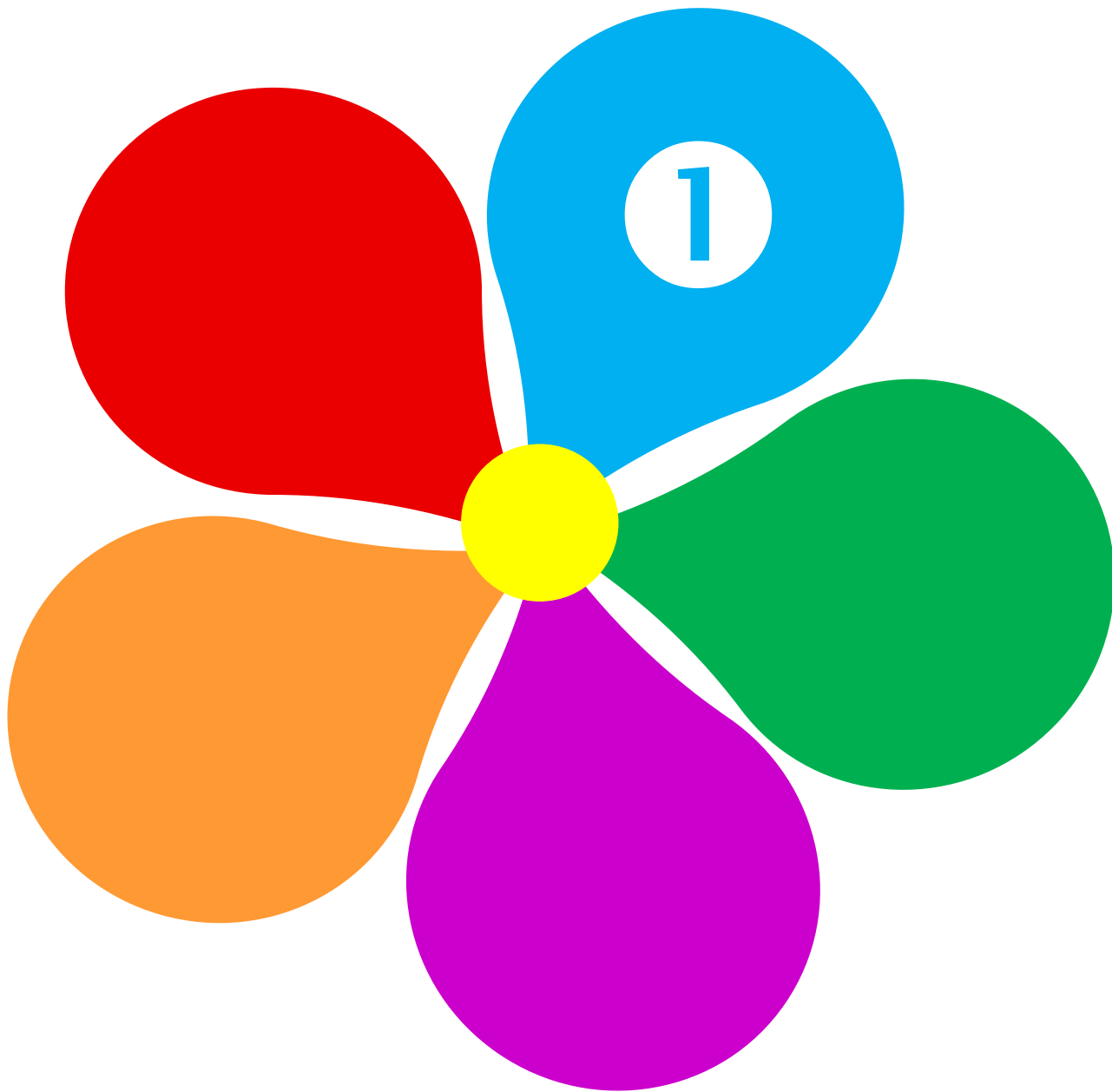


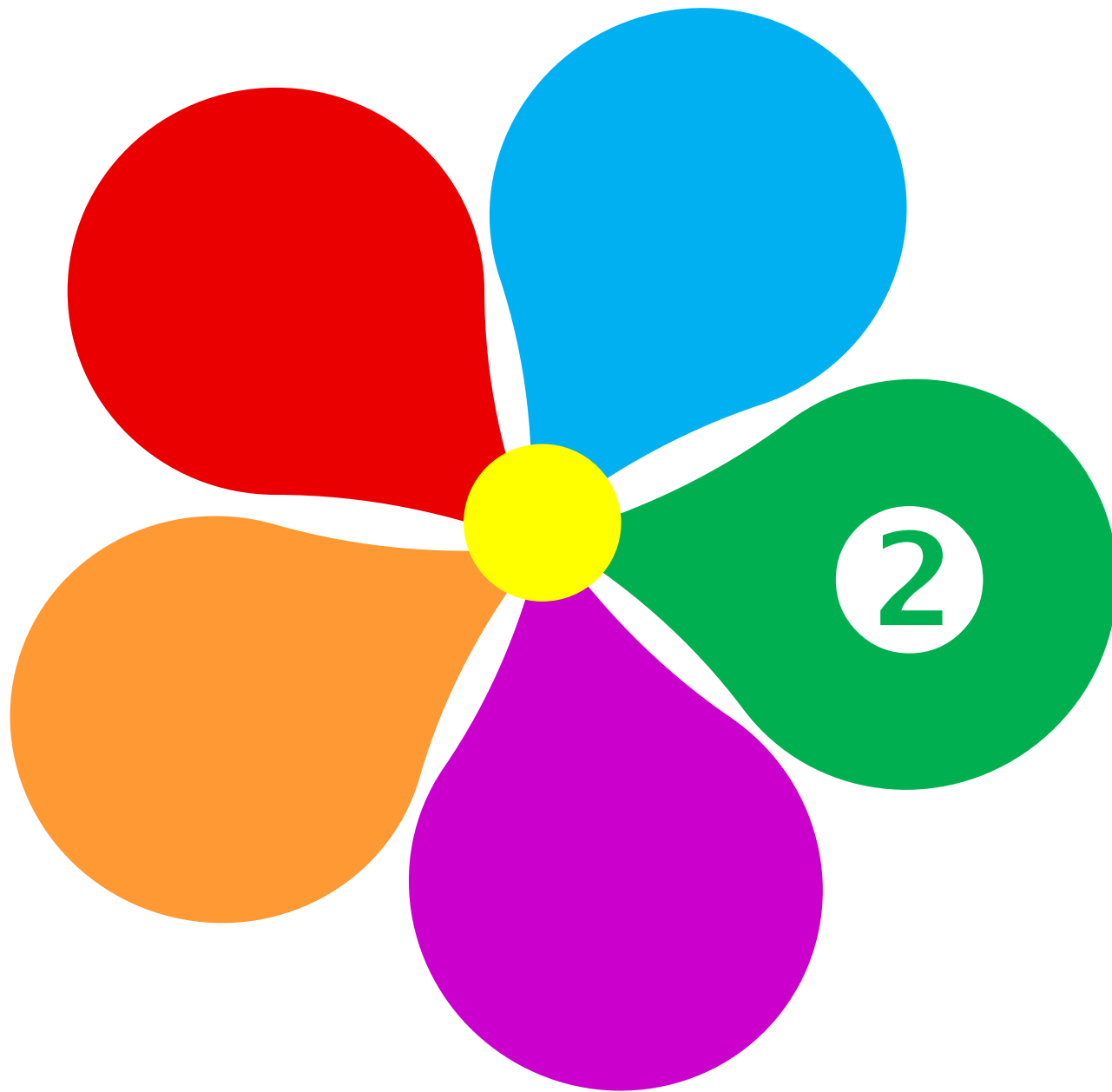


Hvorfor er det
viktig å mestre
dagliglivets
aktiviteter?



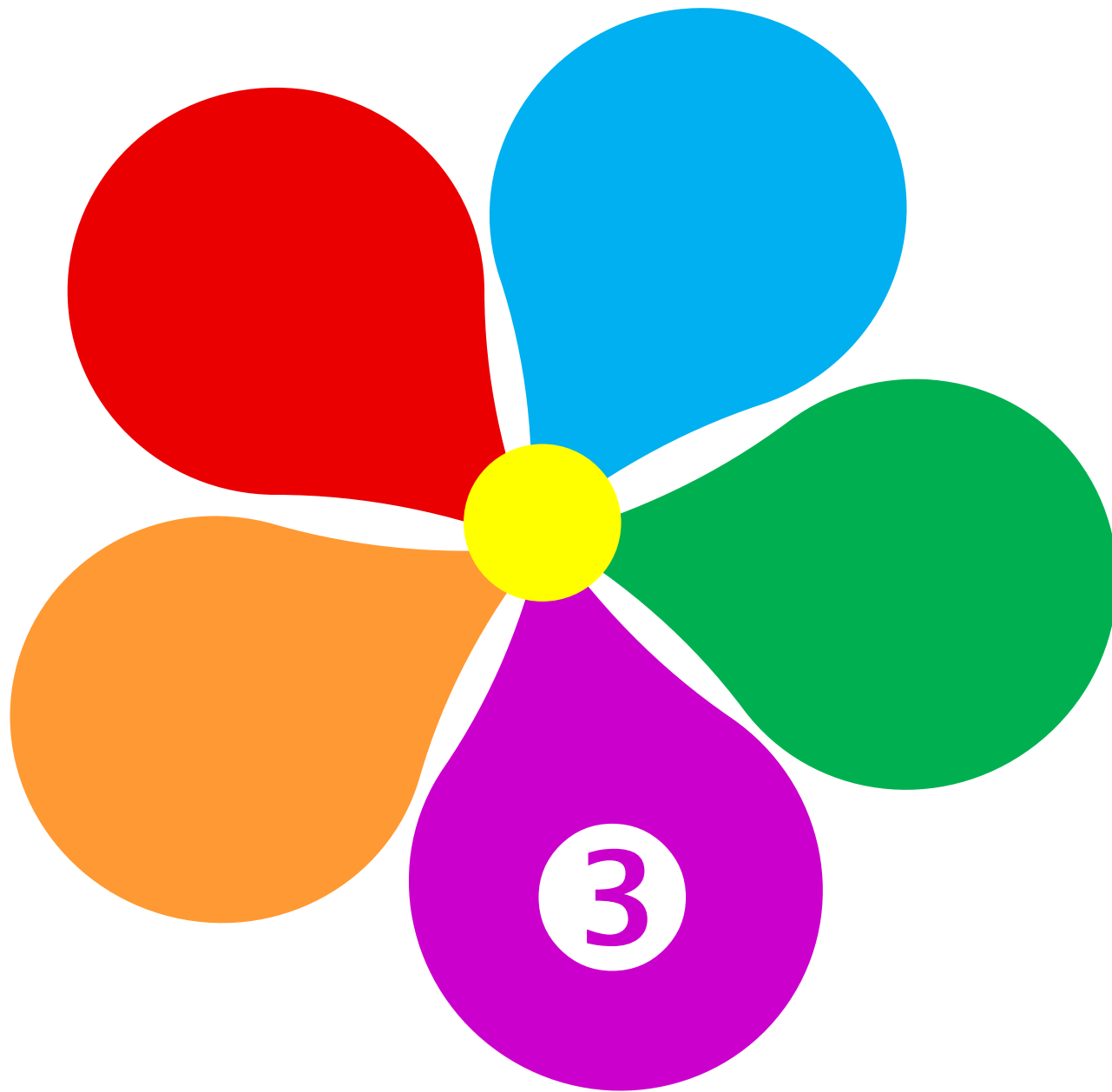
1

Du trenger
mindre hjelp.



2

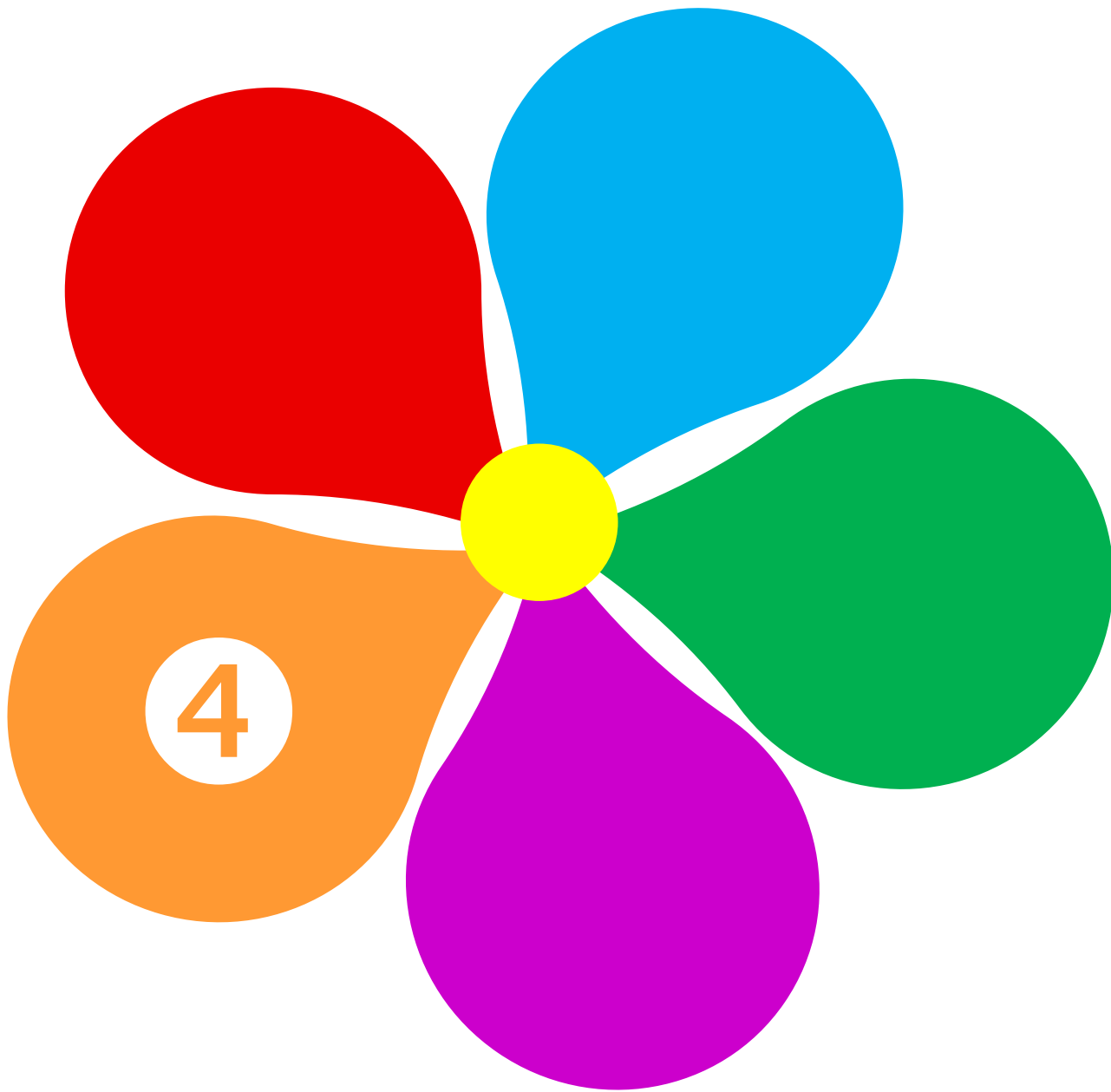
Du bestemmer
mer selv.



3

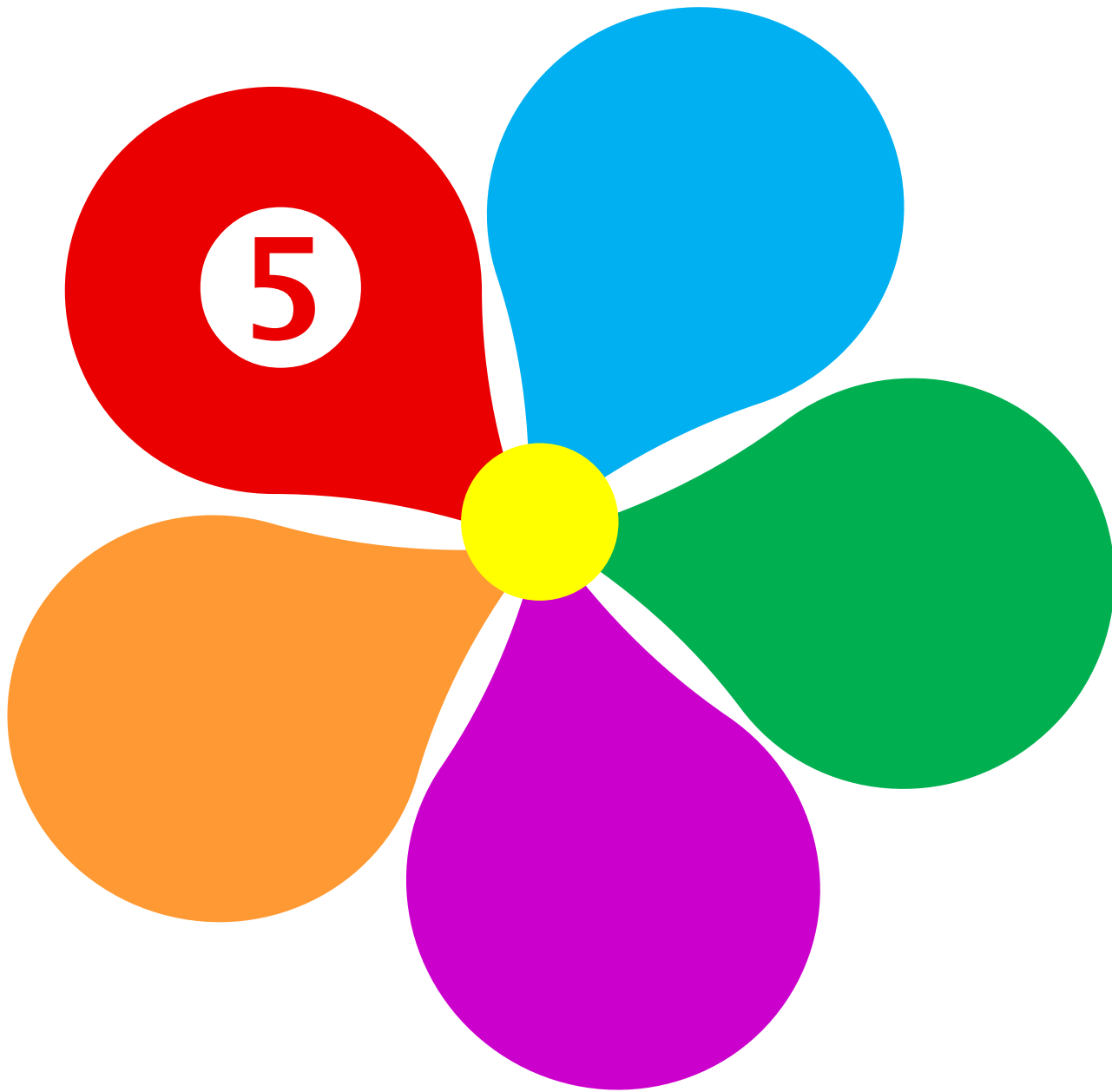
Du kan løse
problemer.

3



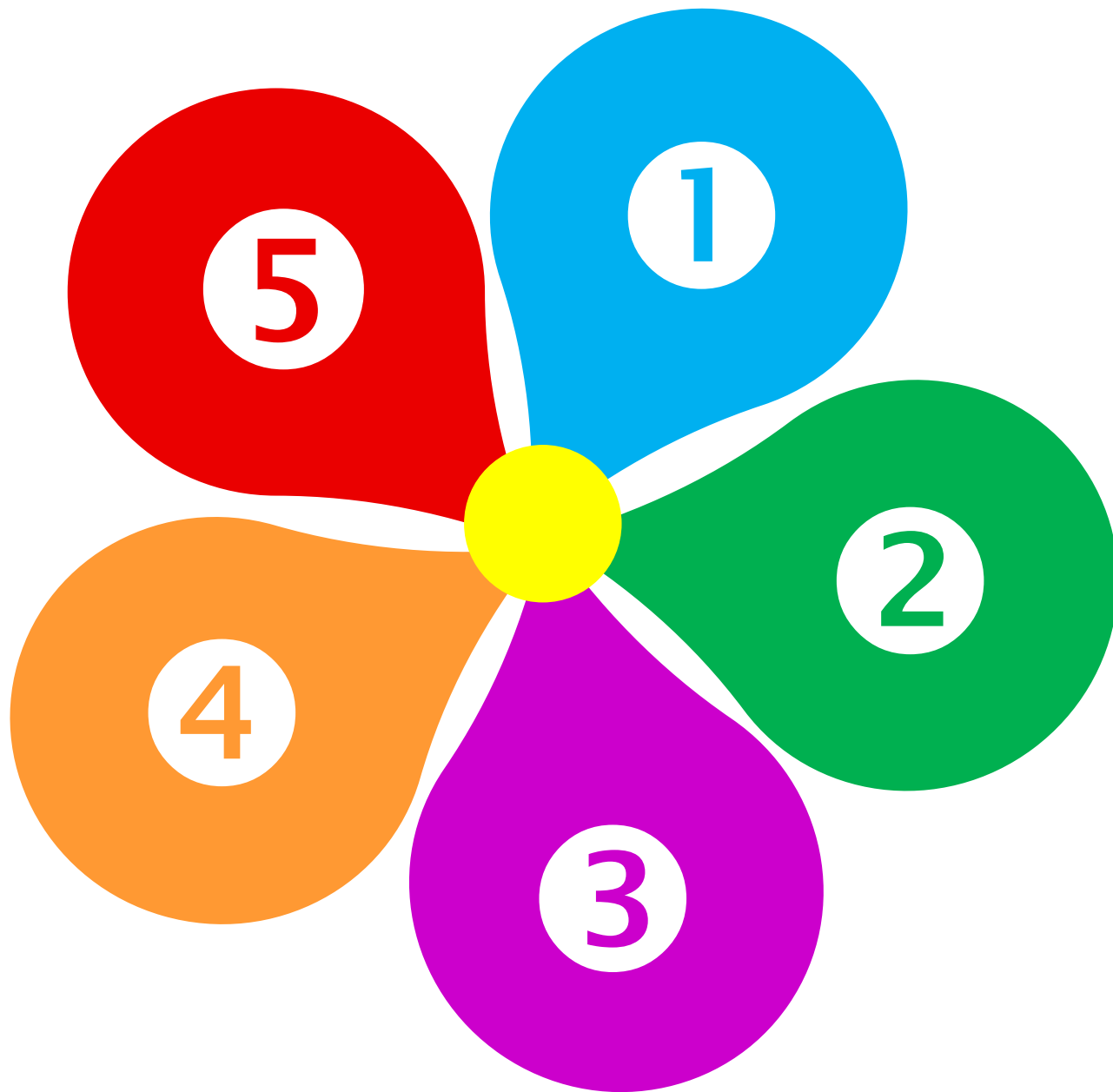
4

Du føler deg
voksen.



5

Det blir enklere å
bo i eget hjem.



Husker du hvorfor
det er viktig å
mestre hverdags-
aktiviteter?